

**Y.A. GOVERNMENT COLLEGE FOR WOMEN
CHIRALA**



Additional Information

7.3 - INSTITUTIONAL DISTINCTIVENESS

7.3.1 - Portray the performance of the Institution in one area distinctive to its priority and thrust

7.3.1 - Portray the performance of the Institution in one area distinctive to its priority and thrust within 200 words

▲ Women empowerment is the main vision of the institution. Our institution is working for the overall development of the women students. Martial arts like taekwondo are felt essential to be taught to our students. Training classes are conducted for 3 months for 100 students every year by Sri Sd.Sallavuddin team in which self defense scheme are taught. Timings are 4 to 5 p.m. daily. Taekwondo training includes self protection techniques, self confidence, physical exercises, concentration techniques of mind, meditation, Yoga etc., Monthly tests are conducted for the training and their performance is evaluated in terms of theory and practice. Best performers are encouraged to participate in Taekwondo tournaments at University and State level. Many of our trainees have won Gold, Silver and Bronze medals every year. Not less than two trainees are selected at the University level every year to represent our college at the National level competitions. This is the distinctiveness of our college and is increasing the admissions of students. This program enhances not only body fitness but also mental soundness. They also come to the rescue of the lady victims harassed by gents while coming to college and returning homes. Thus, our students are becoming examples to the woman community.

Students participation in Taekwondo during 4-5Pm everyday

