

Y.A. Govt. College for
Women, Chirala

WOMEN EMPOWERMENT CELL



Activities 2020-21

Women Empowerment Cell Activities 2020-21

**Y.A. GOVT. COLLEGE FOR WOMEN CHIRALA,
PRAKASAM (DT), A.P**



**A REPORT ON WOMEN EMPOWERMENT CELL
2020-2021**

Submitted by

Dr. D. Dhatri Kumari

Lecturer in Telugu

Convener, WEC

Women Empowerment Cell Activities 2020-21

Women Empowerment Cell Activities 2020-21

S. No	Date	Activity	Chief Guest/ Faculty/Resource Person/ Association
1.	26-08-2020	Mother Teresa Jayanthi	Dr. Ch.Ramanamma, Principal Dr. D. Dhatri Kumari, WEC Convener
2.	25-11-2020	International Day for the Elimination of Violence against Women	Dr. Ch.Ramanamma, Principal Dr. D. Dhatri Kumari WEC Convener
3.	24-01-2021	National Girl Child Day	Dr. S.Savithri, I/C Principal Dr. D. Dhatri Kumari WEC Convener
4.	17-02-2021	Free Medical Camp	Dr. Subbarao, Hyma Hospital, Chirala
5.	08-03-2021	International Women's Day Celebrations	Dr. Ch.Ramanamma, Principal Dr. D. Dhatri Kumari WEC Convener
6.	22-03-2021 to 20-04-2021	Beautician Certificate Course	Rps: 1. S. Prithvi Sri 2. I. Satya
7.	15-04-2021	Health Awareness Programme on Covid-19 and Distribution of free Homeo Medicine (Free Medical Camp)	Medical & Health Committee and WEC CGs/RPs: 1. Dr. K. Sireesha Homeopathy Department, Area Hospital Chirala 2. Dr. Bhavani, Ayurveda Department, Area Hospital, Chirala
8.	20-04-2021	Covid-19 Tests	Medical & Health Committee, Covid-19 Committee, and WEC RPs: 1. Smt. S. Dhana Kumari Health Secretary 16 th Ward 2. Smt. Amala Health Secretary 10 th Ward

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9.	06-08-2021	Awareness Programme on Breastfeeding Week Celebrations	Dr. G. Vani, M.D. Pediatrics, Medical Officer – SD in SDSC, SHAR, Sriharikota, AP
10.	26-08-2021	Mother Teresa Jayanthi	Smt. K.M.S. Sailaja Rani, Vice-Principal Dr. D. Dhatri Kumari WEC Convener
11.	26-08-2021	National Women's Equality Day	Smt. K.M.S. Sailaja Rani, Vice-Principal Dr. D. Dhatri Kumari WEC Convener

Activity No.: 01

Activity Name: Mother Teresa Jayanthi

Date: 26-08-2020

Aims & Objectives: To raise awareness of Mother Teresa's greatness and the need of following her message of service to the ill, destitute, and needy.

Description: WEC organised an awareness programme on Mother Teresa's Jayanthi Celebrations. Dr. Ch. Ramanamma, Principal, delivered a speech on Mother Teresa's biography. WEC Convener Dr. D. Dhatri Kumari and member Smt. B. Sravani delivered a speech on Saint Teresa. In addition, other lecturers took part in this online-based programme.

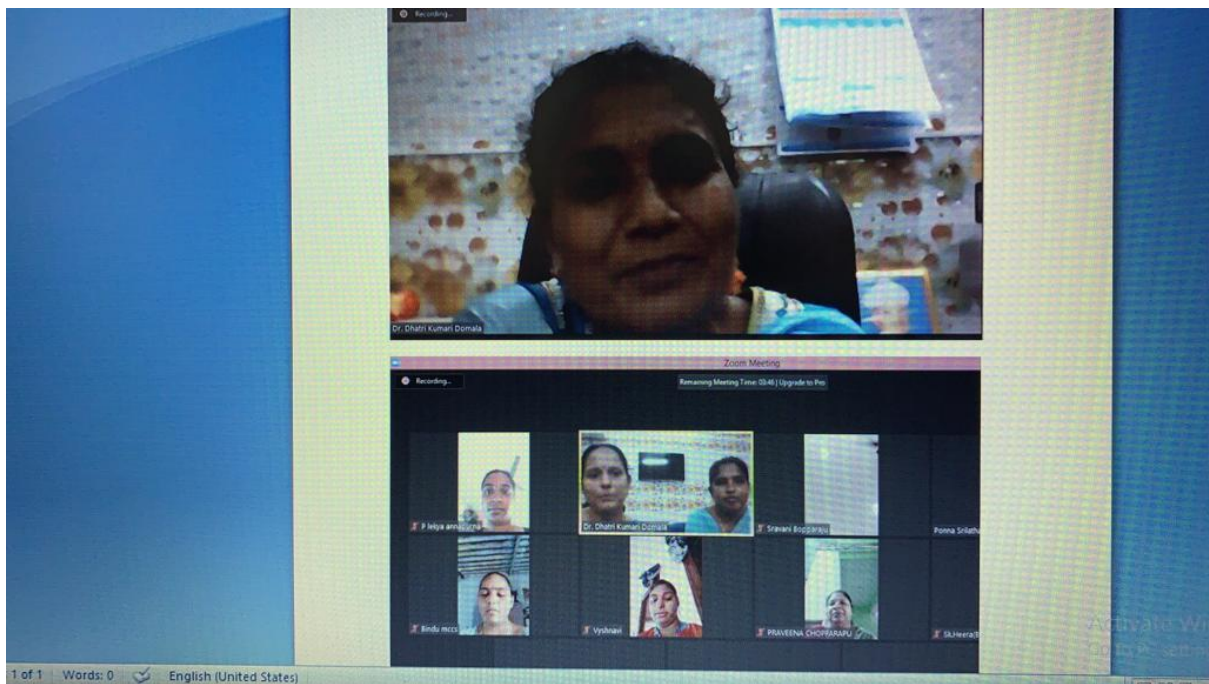
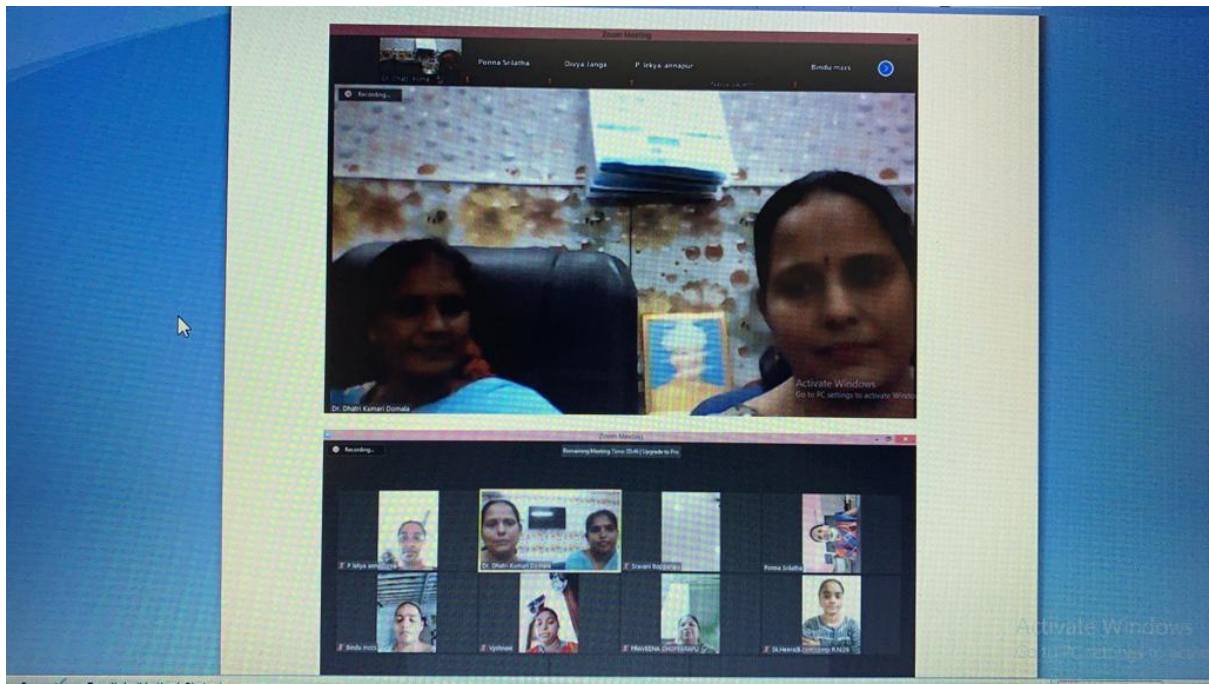
No. of Participants: 38

No. of Lecturers involved: 6

Outcomes: Students understood the greatness of Mother Teresa. They were inspired to follow the ideal path shown by the Viswamatha.



Women Empowerment Cell Activities 2020-21



Activity No.: 02

Activity Name: International Day for the Elimination of Violence against Women

Date: 25-11-2020

Aims & Objectives: To help students understand the importance of eliminating all forms of violence against women.

Description: WEC organized an awareness programme in connection with the International Day for the Elimination of Violence against Women. Dr. Ch. Ramanamma, Principal spoke about the importance of eradicating all forms of violence against women. She discussed the significance of the day. Convener Dr. D. Dhatri Kumari, members B. Sravani and Sk. Gousia, as well as other lecturers, spoke on the occasion.

No. of Participants: 48

No. of Lecturers involved: 7

Outcomes: Students learned about the prevalence of violence against women at home, at work, and elsewhere. They understood the importance of eliminating violence against women in order to develop and realise their full potential.



Activity No.: 03

Activity Name: National Girl Child Day

Date: 24-01-2021

Aims & Objectives: To assist students in understanding various gender-related issues such as gender bias and equal opportunities for women in various fields.

Description: On January 24, 2021, an awareness programme was organised to commemorate Girl Child Day. Dr. S. Savithri, I/C Principal, presided over the meeting and delivered an inspiring speech. She discussed the significance of Girl Child Day and the challenges that girls face in obtaining a good education and a good job. Dr. D. Dhatri Kumari and other lecturers also spoke on this occasion. They emphasized the importance of girls having confidence and a good education in order to achieve various important positions in society.

No. of Participants: 52

No. of Lecturers involved: 7

Outcomes: Students understood issues such as gender bias and the need to address them.



Activity No.: 04

Activity Name: Free Medical Camp

Date: 17-02-2021

Aims & Objectives:

1. To identify students who are malnourished or have vitamin deficiencies.
2. To supply free nutritional supplements such as iron and vitamin tablets, as well as syrups.
3. To provide students with health and high gene advice.

Description: In collaboration with the Lions Club of Chirala, Dr. D. Dhatri Kumari, Convenor, WEC organised a free medical camp. Dr. Subbarao of Hyma Hospital tested the students and prescribed vitamin supplements and other common medications, which were provided free of cost.

No. of Participants: 206

No. of Lecturers involved: 7

Outcomes: Nearly 206 students were subjected to medical tests. Many students were found to be anemic. Students with minor health issues were given free medication.



Women Empowerment Cell Activities 2020-21





విద్యార్థినులకు వైద్య పరీక్షలు

ప్రజాశక్తి-చీరాల రూరల్

శారీరక శ్రమ, సమయానికి మంచి ఆహారం తీసుకోవడంతో పాటు, సమయానికి నిద్రపోవడం ద్వారా విద్యార్థినులు తమ ఆరోగ్యాన్ని కాపాడుకోవాలని హైమా హాస్పిటల్ వైద్యులు డాక్టర్ జి.సుబ్బారావు సూచించారు. స్థానిక వైఎస్ ప్రభుత్వ మహిళా డిగ్రీ కళాశాలలో మంగళవారం లయన్స్ క్లబ్ ఆధ్వర్యంలో జరిగిన ఉచిత వైద్యశిబిరంలో డాక్టర్ సుబ్బారావు వైద్య పరీక్షలు జరిపారు. వైద్య పరీక్షల అనంతరం విద్యార్థినులకు విటమిన్, ఐరన్ టాబ్లెట్లు, టానిక్లు అందజేశారు. కళాశాల ప్రిన్సిపల్ డాక్టర్ సిహెచ్ రమణమ్మ, లయన్స్ క్లబ్ అధ్యక్షులు నేరేళ్ళ రాముడు, కార్యదర్శి తవ్వా రామకృష్ణ, పసుపులేటి శ్రీనివాసరావు, ప్రాజెక్ట్ చైర్మన్ బెల్లంకొండ సురేష్ రాఘవేంద్రరావు, కాకరపర్తి



విద్యార్థినులకు మందులు పంపిణీ చేస్తున్న వైద్యులు

వెంకటేశ్వర్లు, డాక్టర్ ధాత్రి కుమారి, యం.సంతోషకుమారి, పొన్న శ్రీలత తదితరులు పాల్గొన్నారు.

Activity No.: 05

Activity Name: International Women's Day Celebrations

Date: 08-03-2021

Aims & Objectives: To create awareness among students about various gender-related issues.

Description: WEC organised a meeting on the occasion of International Women's Day. Principal Dr. Ch. Ramanamma presided over the function. She spoke about the role of women in the society. She said that every women should have a goal and must work to achieve that goal. Dr. D. Dhatri Kumari, Convenor, WEC, B. Sravani, T. Balatripura Sundari, Sk. Gousia, Members, WEC, and all women lecturers felicitate the Principal on this occasion.

No. of Participants: 302

No. of Lecturers involved: 18

Outcomes: Students learnt about challenges that women face in their professional and personal life as employees, mothers, wives, and so on.



Women Empowerment Cell Activities 2020-21



Activity No.: 06

Activity Name: Beautician Certificate Course

Date: 22-03-2021 to 20-04-2021

Aims & Objectives:

1. To teach students about facials, bridal make-up, matting, pedicure, manicure, various hair styles, and henna application.
2. To prepare students for self-employment.

Description: Dr. D. Dhatri Kumari, Convenor, WEC organized a free beautician certificate course. Dr. Ch. Ramanamma, Principal, inaugurated the course. The course duration is 30 hours. The motivating session was held two days before the start of the course to discuss how the course would benefit the students. Forty-one students registered for the course. S. Prithvi Sri and I. Satya were appointed to offer the course voluntarily under the service motto.

No. of Participants: 33

No. of Lecturers involved: Two Lecturers and Two Instructors.

Outcomes: 33 students got training in facials, bridal make-up, matting, pedicure, manicure, hairstyles, and henna application.

Awareness Programme on Beautician Certificate Course

Date: 18-03-2021 & 19-03-2021



Women Empowerment Cell Activities 2020-21



Inauguration of Beautician Certificate Course



Women Empowerment Cell Activities 2020-21



Beautician Training Sessions



Activity No.: 07

Activity Name: Health Awareness Programme on Covid-19 and Distribution of free Homeo Medicine (Free Medical Camp)

Date: 15-04-2021

Aims & Objectives:

1. To provide Covid -19 preventive medicine.
2. To help students understand the slogan; 'My health in my hands' and 'My health-my Responsibility.'
3. To create awareness about nutritious foods, which is the aim of the Government program "पोशणअभियान"
4. To create awareness about preventing 'sun stroke' during summer.
5. To distribute free homeopathic medicine to prevent 'Sun Stroke.'

Description: Dr. D. Dhatri Kumari, Convenor, WEC in association with Govt. Area Hospital Chirala organized Health Awareness Programme on Covid-19 and Distribution of free Homeo Medicine (Free Medical Camp). Dr. K. Sireesha, Homeopathy Department, Area Hospital Chirala, and Dr. Bavani, Ayurveda Department, Area Hospital Chirala, instructed the students to take all precautionary steps to protect themselves from covid-19. The doctors also discussed the health impacts of the hot sun. They recommended the students take all necessary steps to avoid sunstroke. Free homoeopathic medicine for sunstroke prevention was supplied.

No. of Participants: 103

No. of Lecturers involved: 6

Outcomes: 103 students received covid-19 preventive homeopathic medicine. Students got aware of covid-19.



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Activity No.: 08

Activity Name: Covid-19 Tests

Date: 20-04-2021

Aims & Objectives: To conduct Covid-19 test to identify students who have Covid-19 infections to protect other students.

Description: Covid-19 testing program was organized by Dr. D. Dhatri Kumari, Convenor, WEC, Smt. P. Aruna, Convenor, Covid Committee, in collaboration with the Medical & Health Committee of the College. The Govt. Area Hospital, Chirala, PPE staff, Smt. S. Dhana Kumari, Health Secretary 16th ward and Smt. Amala, Health Secretary 10th ward conducted the tests. 81 students and staff got tested. The tests were conducted as a preventive measure. Sri. N. Powlas, Lecturer in Political Science, Sri. A.V. Ramana Rao, Lecturer in English, Sri. K. Chandrasekara Rao, Lecturer in English, Sri. D. Johnraj, Lecturer in Economics, and Smt. G. Jyothirmai, Lecturer in Physics, assisted with this event.

No. of Participants: 81

No. of Lecturers involved: 6

Outcomes: 81 students and staff were tested in this drive. Two students were identified as positive for the corona virus. They were advised to go to “home quarantine” and take treatment.



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Activity No.: 09

Activity Name: Awareness Programme on Breastfeeding Week Celebrations

Date: 06-08-2021

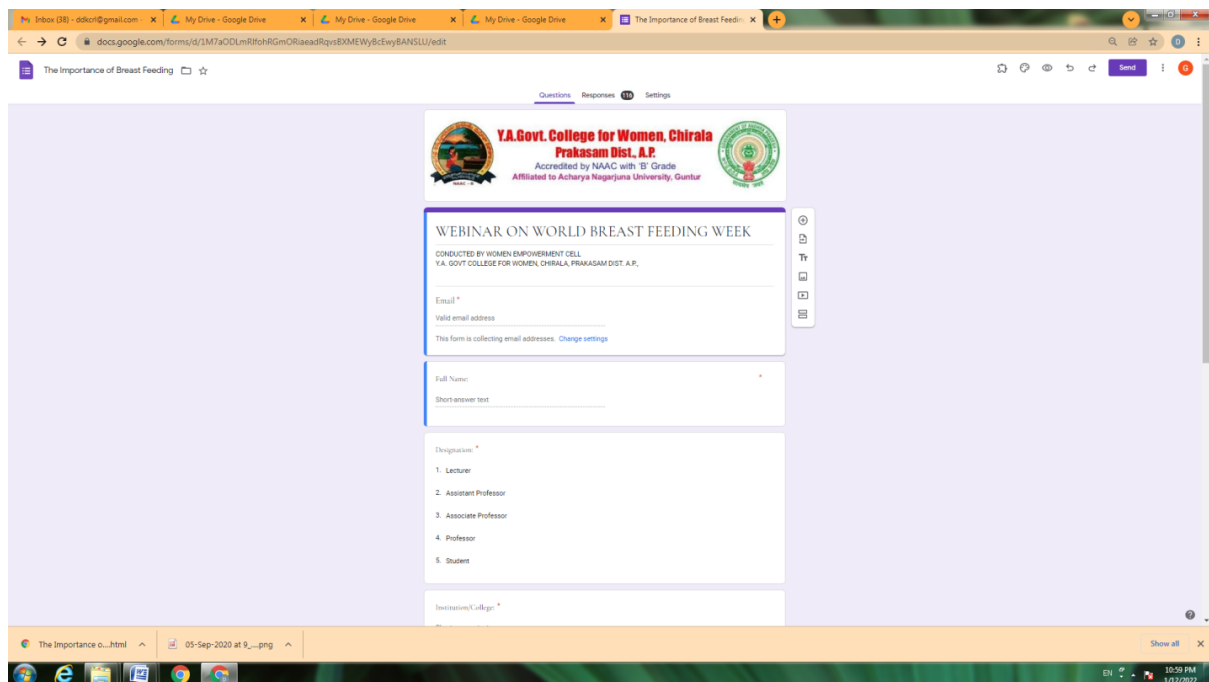
Aims & Objectives: To create awareness among students about the importance of Breastfeeding and how avoiding Breastfeeding may cause Cancer problems.

Description: Dr. D. Dhatri Kumari, Convenor, WEC, conducted a Webinar on “Importance of Breastfeeding” as part of the world breastfeeding week celebration. Dr. Ch. Ramanamma, Principal, addresses the significance of breastfeeding. Dr. G. Vani, Medical Officer, SD in SDSC, SHAR, Sriharikota, gave a valuable presentation on the importance of breastfeeding and created awareness about various issues regarding breastfeeding. She explained the consequences of avoiding breastfeeding. Sri. A.V. Ramana Rao, Convenor IQAC, Sri. K. Chandrasekara Rao, Lecturer in English, Smt. B. Sravani, Member, WEC and other lecturers participated in this webinar. The parents of the students also raised doubts about the issue and got their doubts cleared.

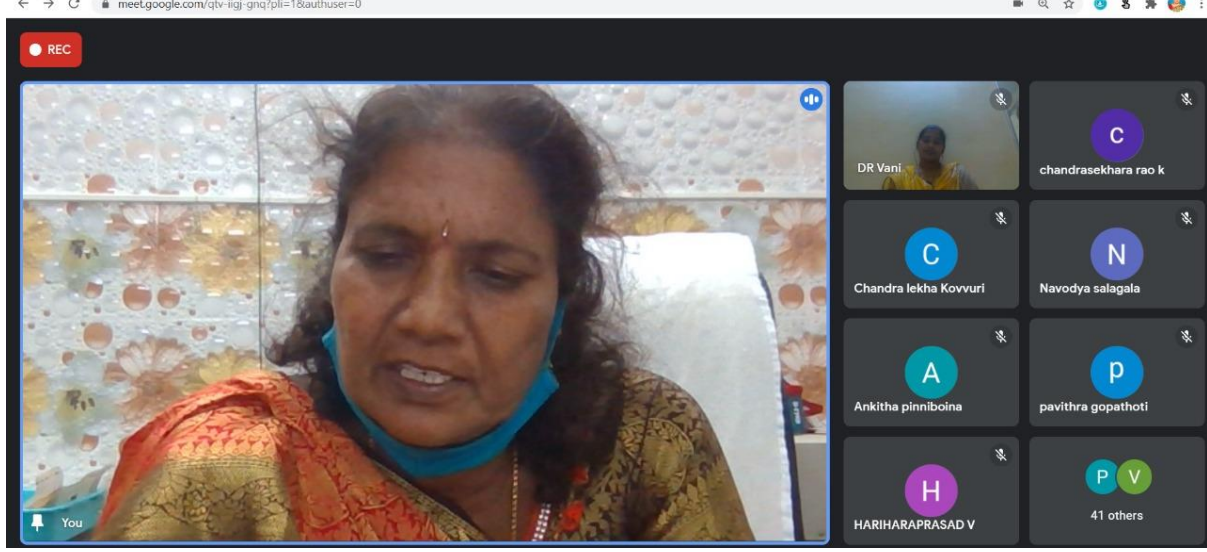
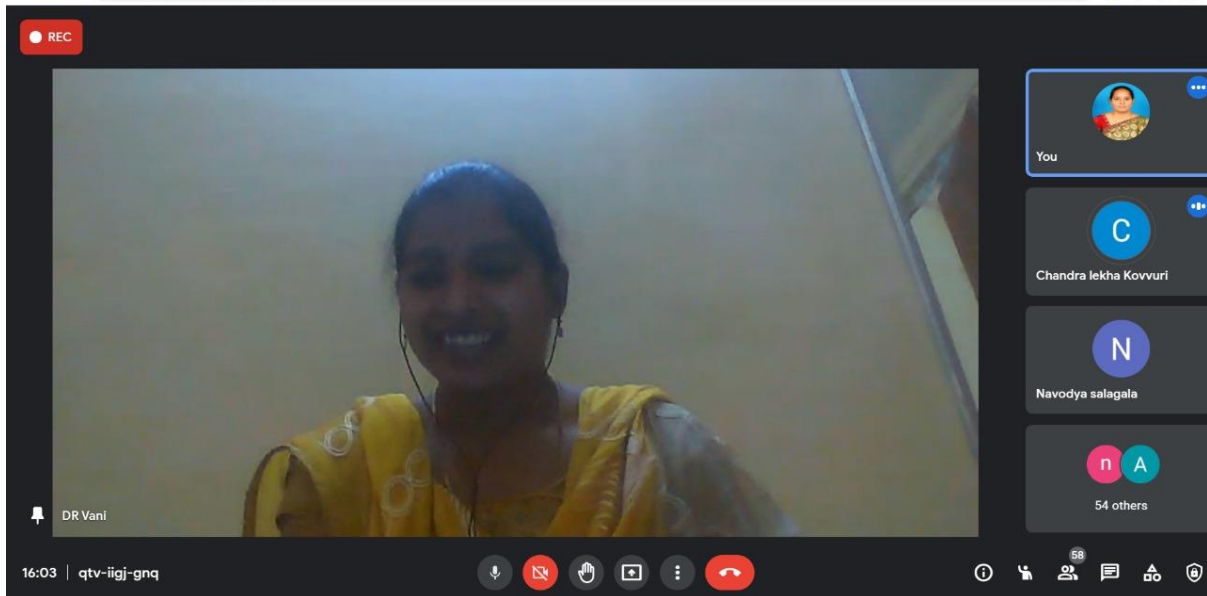
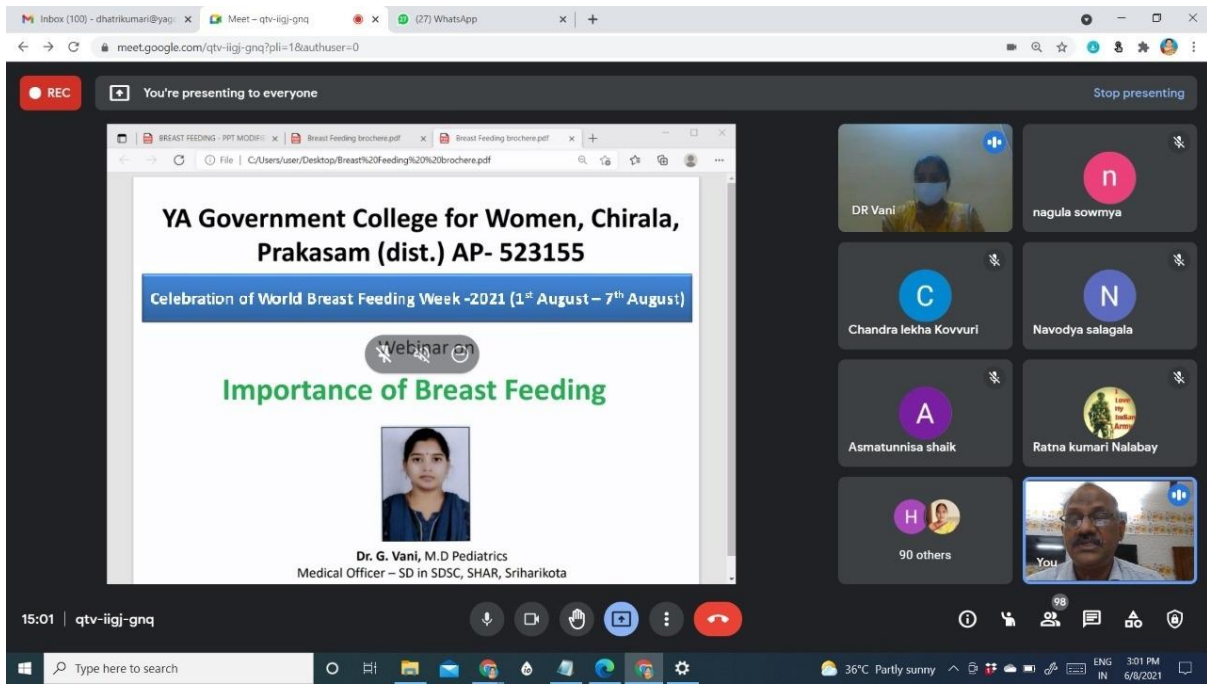
No. of Participants attended: 107

No. of Lecturers involved: 9

Outcomes: Students learned how to breastfeed a baby safely. They learned how avoiding breastfeeding causes breast cancer. Students were taught how to prevent breast cancer.

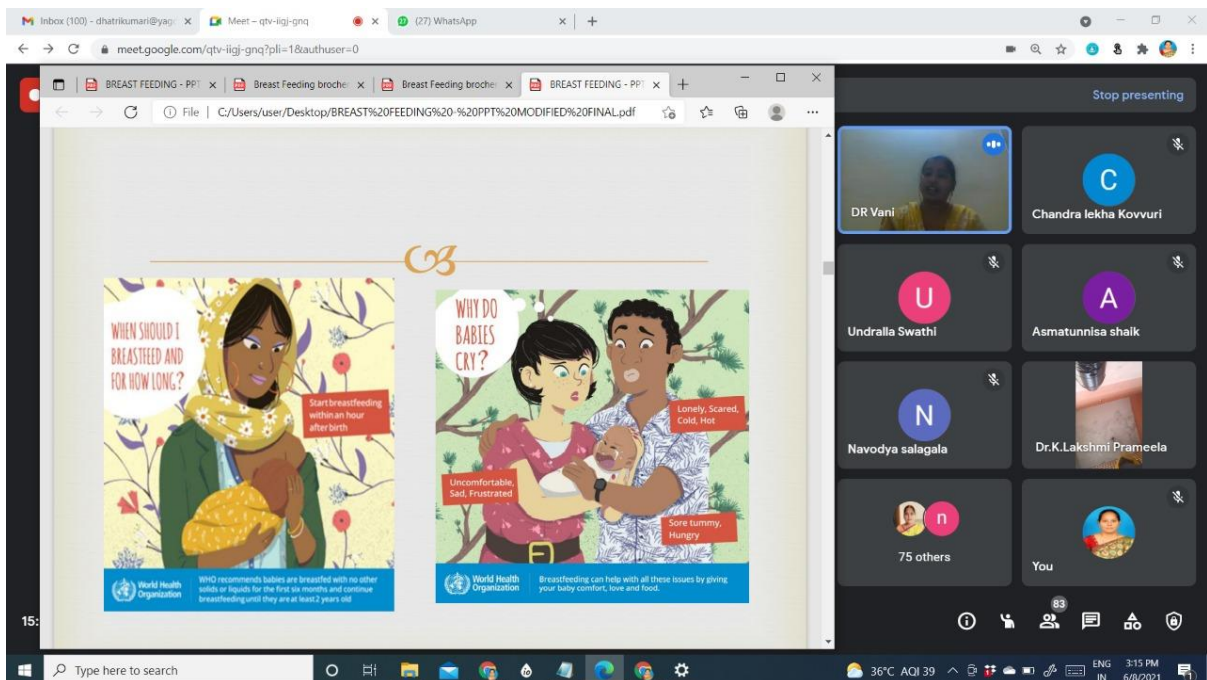
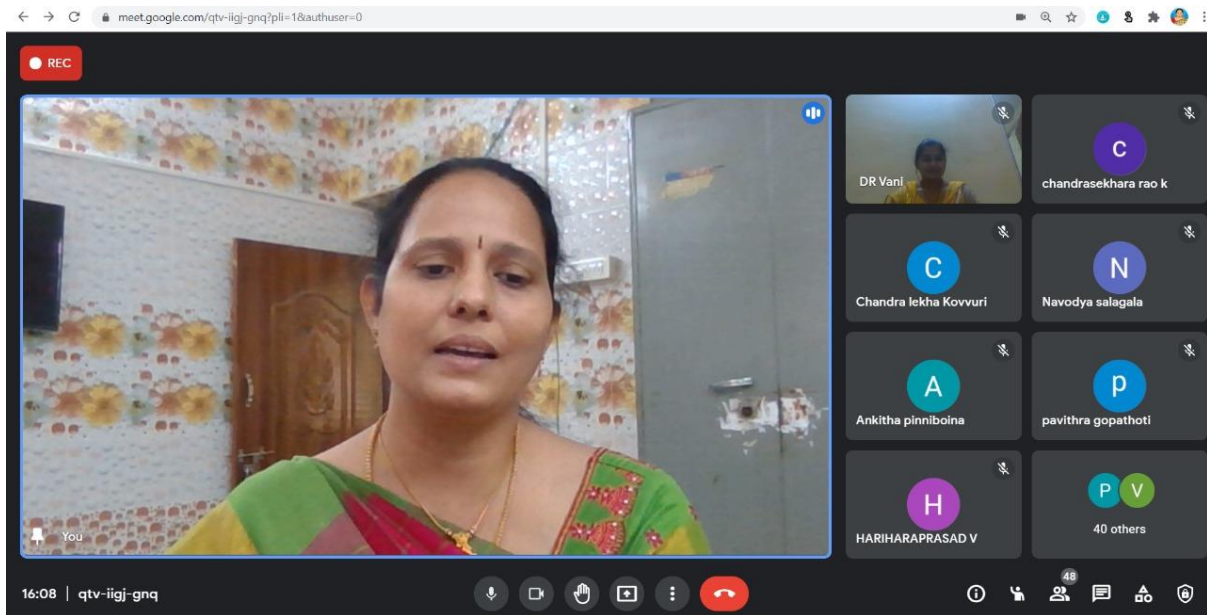


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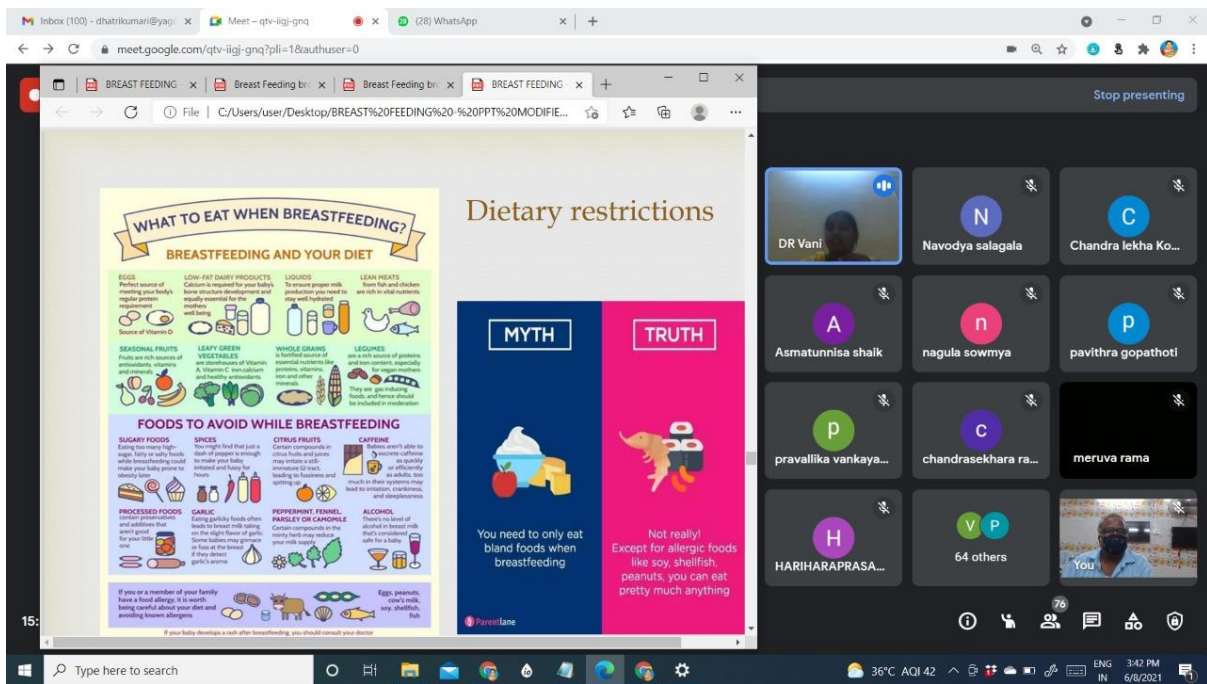
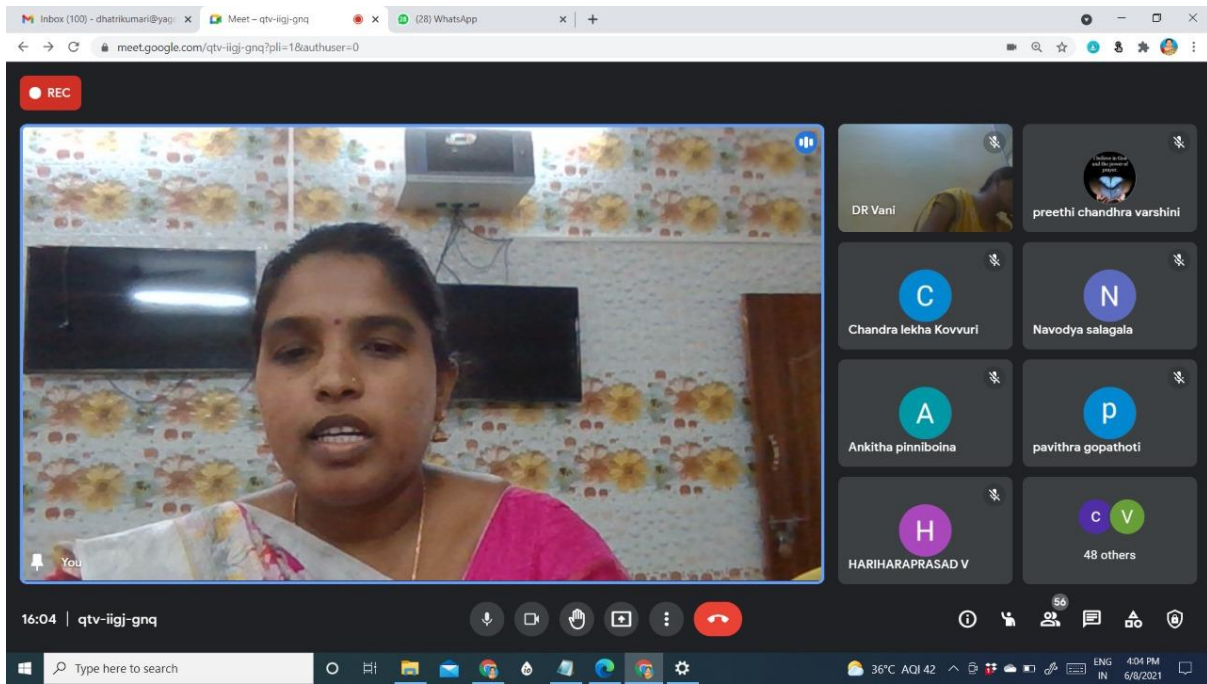


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Women Empowerment Cell Activities 2020-21



Women Empowerment Cell Activities 2020-21



Activity No.: 10

Activity Name: Mother Teresa Jayanthi

Date: 26-08-2021

Aims & Objectives: To raise awareness of Mother Teresa's greatness and the need to follow her message of service to the ill, poor, and needy.

Description: WEC conducted an awareness program on Mother Teresa's Jayanthi Celebrations. Vice-Principal K.M.S. Sailaja Rani gave an inspiring speech on Mother Teresa and her services to the sick, the poor, and the needy. She explained how Mother Teresa became Saint Theresa. WEC Convener Dr. D. Dhatri Kumari spoke on occasion and emphasized the need to follow the ideals of service and sacrifices. And other faculty who participated in this program were Sri. D. Johnraj, Lecturer in Economics, Smt. M. Santosh Kumari, Lecturer in Botany, Smt. Sri Prasanna, Lecturer in Political Science, Smt. Bala Bharati, Lecturer in Chemistry, Sri Ramesh, Lecturer in History.

No. of Participants: 48

No. of Lecturers involved: 8

Outcomes: Students understood the greatness of Mother Teresa. They felt motivated to follow the ideal path shown by the Mother. They understood the importance of serving humanity selflessly.



Women Empowerment Cell Activities 2020-21



Activity No.: 11

Activity Name: National Women's Equality Day

Date: 26-08-2021

Aims & Objectives:

1. To create awareness about the history and significance of the women's equality day.
2. To help the students understand the diverse roles a woman plays in her life and the need to treat her on par with men in every field.

Description: WEC conducted a meeting to celebrate Women's Equality Day. Vice-Principal K.M.S. Sailaja Rani gave an inspiring speech on the equality of men and women. She explained the crucial role played by women in society. She also spoke about the need for women to enter into every field, including the army and participate in the nation's development. WEC convener Dr. D. Dhatri Kumari spoke on occasion and advised students to actively participate in the social, political and economic spheres and serve the country as equal citizens.

No. of Participants: 62

No. of Lecturers involved: 7

Outcomes:

1. The students understood the history and significance of Women's Equality Day.
2. They realized the various problems women face in enjoying their rights provided by the constitution.



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